

11. Bokeler Sechs-Stundenlauf 2022

Zieleinlaufliste

Plat	Start	Name	Jg.	m/	AK	Verein	Rund	Strec	Zeit	Pace
Hauptlauf										
1.	42	Themm,	1972	M	M50	ALG-VfL Bokel	34	69.7	06:13:22	00:05:22
2.	69	Andres, Sabine	1979	W	W40		33	67.65	06:04:22	00:05:24
3.	46	Muhra, Veronika	1989	W	W30		32	65.6	06:07:53	00:05:37
4.	25	Burmeister,	1978	M	M40		31	63.55	06:09:20	00:05:49
5.	97	Bohnenkamp,	1972	W	W50	Tri EMTV	30	61.5	06:02:09	00:05:54
6.	22	Bilinger,	1972	M	M50	Spiridon Schleswig	30	61.5	06:10:04	00:06:02
7.	75	Wenk, Thomas	1986	M	M35		29	59.45	06:03:24	00:06:07
8.	6	Schimmer,	1976	M	M45	Team VOSS Turnschuhheizer	28	57.4	06:04:22	00:06:21
9.	28	Heider, Oliver	1969	M	M50	Team Erdinger Alkoholfrei	28	57.4	06:16:02	00:06:34
10.	62	Baars, Björn	1980	M	M40		27	55.35	06:00:07	00:06:31
11.	81	Brühe, Arendt	1969	M	M50	Borener SV	27	55.35	06:02:23	00:06:33
12.	13	Schulte,	1982	M	M40	Rettungsdienst Kooperation in	27	55.35	06:13:16	00:06:45
13.	99	Sejdijaj, Jeton	1975	M	M45		26	53.3	05:50:54	00:06:35
14.	98	Steinbrügge,	1971	M	M50		26	53.3	06:00:48	00:06:47
15.	59	Hahn, Anna	1981	W	W40		26	53.3	06:05:45	00:06:52
16.	78	Schöne, Helmut	1967	M	M55	LG Ultralauf	26	53.3	06:07:35	00:06:54
17.	77	Gentile, Cosmo	1950	M	M70	Itzehoe	26	53.3	06:09:35	00:06:57
18.	27	Grohnert,	1969	M	M50	Athletico-Büdelsdorf	26	53.3	06:10:46	00:06:58
19.	43	Knothe, Lars	1972	M	M50		25	51.25	04:52:17	00:05:43
20.	91	Tschage, André	1985	M	M35	Kinderherzläufer	25	51.25	05:39:16	00:06:38
21.	20	Westmann,	1981	W	W40	SG Athletico Büdelsdorf	25	51.25	05:56:09	00:06:57
22.	52	Bertram, Frank	1959	M	M60	LT Einfeld	25	51.25	06:02:31	00:07:05
23.	73	Jensen, Sven	1976	M	M45		25	51.25	06:05:28	00:07:08
24.	21	Reusch, Nico	1976	M	M45	Spiridon Schleswig	25	51.25	06:05:29	00:07:08
25.	58	Müller, Erik	1972	M	M50	Feuerwehr Ellerdorf	25	51.25	06:05:45	00:07:09
26.	71	Urban, André	1983	M	M35		25	51.25	06:11:04	00:07:15
27.	74	Tonn, Mark	1969	M	M50	TSV Schleswig	23	47.15	04:41:09	00:05:58
28.	83	Stief, Oliver	1969	M	M50	SG Athletico Büdelsdorf	23	47.15	06:06:59	00:07:47
29.	64	Lorenz, Beatrix	1990	W	W30	Team VOSS Turnschuhheizer	23	47.15	06:11:57	00:07:54
30.	79	Freese, Timo	1975	M	M45		22	45.1	05:59:08	00:07:58
31.	76	Hinz, Dorota	1971	W	W50	100 MC / Erdinger Active Team	22	45.1	06:00:38	00:08:00
32.	49	Eisele, Gabriele	1963	W	W55	100 MC Team Erdinger	22	45.1	06:00:38	00:08:00
33.	55	Kleesel, René	1963	M	M55	Ruck & Ruck	22	45.1	06:04:26	00:08:05
34.	61	Münster, Markus	1970	M	M50	(Ex) JOGMAP S.-H. / EAT	22	45.1	06:13:16	00:08:17
35.	17	Teske, Stefan	1981	M	M40	Osterröfelder TSV	21	43.05	04:03:18	00:05:40
36.	56	Büsing, Burkhard	1979	M	M40	Erdinger Active Team	21	43.05	04:07:11	00:05:45
37.	85	Nielson, Werner	1951	M	M70	Bredenbeker Renntiere	21	43.05	04:34:09	00:06:23
38.	86	Stief, Silvana	1970	W	W50	Spiridon Schleswig	21	43.05	04:34:10	00:06:23
39.	29	Möller-Lange,	1958	M	M60	FC St. Pauli Marathon	21	43.05	05:02:14	00:07:02
40.	89	Struve, Sophie	1998	W	W	SG Athletico Büdelsdorf	21	43.05	05:12:56	00:07:17
41.	2	Stibbe, Dirk	1989	M	M30	TSV Gnutz	20	41	04:58:09	00:07:17
42.	32	Robert, Elmar	1940	M	M80		20	41	06:03:05	00:08:52
43.	63	Dr. Schwemer,	1965	M	M55	De Amtsstuuenlöpers	18	36.9	03:53:46	00:06:21
44.	39	Nörregaard, Uwe	1953	M	M65	ALG-VfL Bokel	18	36.9	04:46:22	00:07:46
45.	95	Jansen, Tim	1979	M	M40	STV Sörup	17	34.85	03:37:01	00:06:14
46.	60	Döhren, Dirk	1968	M	M50		17	34.85	05:06:39	00:08:48
47.	90	Moeller, Birte	1976	W	W45		16	32.8	03:27:57	00:06:21
48.	65	Urban, Angelika	1956	W	W65		16	32.8	05:48:52	00:10:39
49.	15	Reese, Matthias	1966	M	M55	LTV Kiel-Ost	15	30.75	03:14:55	00:06:21

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Plat	Start	Name	Jg.	m/	AK	Verein	Rund	Strec	Zeit	Pace
50.	84	Schlieff, Torsten	1965	M	M55	ALG-VfL Bokel	15	30.75	03:18:06	00:06:27
51.	93	Kloss, Stephan	1979	M	M40	TSV Schleswig	15	30.75	03:37:09	00:07:04
52.	88	Parnow, Jürgen	1965	M	M55	Bredenkober Renntiere	15	30.75	04:58:13	00:09:42
53.	66	Urban, Bernd	1954	M	M65		14	28.7	03:49:11	00:08:00
54.	45	Petersen, Maren	1978	W	W40	Spiridon Schleswig	13	26.65	03:02:39	00:06:52
55.	72	Urban, Kathrin	1983	W	W35		13	26.65	03:49:14	00:08:37
56.	1	Schroeder,	1952	M	M70	ALG-VfL Bokel	13	26.65	04:59:22	00:11:14
57.	7	Hoog, Marcijn	1987	M	M35	Team VOSS Turnschuhheizer	12	24.6	02:08:28	00:05:14
58.	18	Osterloh,	1973	M	M45	ALG-VfL Bokel	12	24.6	02:46:34	00:06:47
59.	94	Holstein, Thomas	1964	M	M55	ALG-VfL Bokel	11	22.55	02:12:28	00:05:53
60.	68	Dannenberg,	1962	M	M60	De Amtsstuuvenlöpors	11	22.55	02:22:34	00:06:20
61.	4	Passau, Merle	1999	W	W	Team VOSS Turnschuhheizer	11	22.55	02:34:37	00:06:52
62.	35	Asmussen, Gina	1963	W	W55	TRI TSV Seestermüher Marsch	11	22.55	02:52:46	00:07:40
63.	53	Matthiesen,	1980	W	W40	ALG-VfL Bokel	11	22.55	02:54:18	00:07:44
64.	30	Mielke, Sabine	1971	W	W50		11	22.55	04:39:51	00:12:25
65.	31	Gottfriedsen,	1956	W	W65		11	22.55	04:39:53	00:12:25
66.	8	Buchholz, Fynn	2001	M	MJ		10	20.5	02:00:00	00:05:52
67.	10	Höchstödter,	2002	W	WJ	Team VOSS Turnschuhheizer	10	20.5	02:02:27	00:05:59
68.	57	Hacker, Holger	1950	M	M70	Lübeck 1876	10	20.5	02:37:32	00:07:42
69.	67	Eisele, Joachim	1953	M	M65	Erdinger Active Team	10	20.5	04:14:49	00:12:26
70.	96	Haupt, Olaf	1966	M	M55		9	18.45	01:48:03	00:05:52
71.	19	Sator, Ralf	1966	M	M55	ALG-VfL Bokel	9	18.45	01:57:00	00:06:21
72.	34	Asmussen,	1963	M	M55	TRI TSV Seestermüher Marsch	6	12.3	01:30:08	00:07:20
73.	92	Schlieff, Bärbel	1966	W	W55	ALG-VfL Bokel	6	12.3	02:53:44	00:14:08
74.	87	Rathay-Nikischin,	1961	W	W60	halbebokeline	3	6.15	01:50:42	00:18:00

Anzahl Teilnehmer: 74